

Women Empowering Women

Dickinson, North Dakota

PROJECT: IN SEARCH OF BETTER LIVING CONDITIONS

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NEED

According to the 2010 census as reported in Women Empowering Women's 2020 Status of Women and Children in Dickinson and Stark County report, there were 22,739 people residing in Dickinson North. The population density was 1.44 inhabitants /square miles. Of the 22,739 inhabitants, 48.9% or 11,119 are Female. Of those 11,119 female residents of Dickinson 93.7% are White, 3.3% African American, 3.1% American Indian or Alaska Native, 1.8% Asian, 0.5% Native Hawaiian or Other Pacific Islander, 0.9% some other race and 2.5% two or more races. In Dickinson 5.5% of all women is Hispanic or Latina origin.

A significant percentage of the Latino population is made up of men since they work in oil fields: for their part, women are dedicated to domestic work. A significant number of these women do not master the English language; therefore, they require the help of interpreters to do paperwork in schools, hospitals, etc. In this situation of not knowing the language, they also do not know how to drive and require the support of others to be able to move from a place to another.

Faced with this complex situation that we live today due to Covid-19 we have realized that the Hispanic population has lacked guidance on prevention measures in their own language, in addition to the fact that we lack guidance on the importance of caring for our health in all aspects, such as: nutritional, dental, etc. at all ages.

GOAL

We seek to improve the living conditions of Latino families living in Dickinson, North Dakota, empowering women with tools and knowledge, so that they feel secure in the development of their role as protagonists of the formation of the children and in turn develop social and emotional skills, practice the English language or have access to an interpreter, have the necessary knowledge about health care and disease prevention and can have access to public transportation at a cost benefit to them, in order to get out before any circumstance of life.

Well Women Care Initiative Goal: Reduce language, cultural and transportation barriers for Hispanic women seeking knowledge about health care and disease prevention.

OUTCOME

To improve the living conditions of families in Dickinson through the empowerment of women with the knowledge and tools necessary to conduct themselves safely and provide them with means that can help them grow as individuals.

Well Women Care Initiative Outcomes: Hispanic women feel secure seeking information from medical providers or resource partners. Medical providers and resource partners have increased awareness of need, cultural and language differences and feel more confident supporting the needs of Hispanic women in the community. Printed outreach materials are available in the Spanish language.

OBJECTIVES

- Empower women so that they have the necessary tools and means to navigate life safely.
- Improve cognitive skills in learning the English language
- Provide guidance in a special way to women on the importance of health care in a preventive way.
- Serve the social-emotional part of the Latino community
- Provide workshops to learn a trade
- Provide transportation to those who need it at an affordable cost to the Hispanic community.
- Provide printed materials in the Spanish language

BENEFICIARIES • 200 families

METHODOLOGY

Search for doctors who provide guidance on prevention and care of physical and mental health.

Support for the transportation of those who require it.

Access to a translator / interpreter.

Informational materials printed in Spanish such as: brochures, brochures, maybe a monthly or bimonthly magazine.

Search for spaces for conferences and in this pandemic situation that we live in, it can be online.

Well Women Care Initiative Methodology: *Host a series of events and experiences to build relationships between Hispanic women and medical providers and resource partners in Dickinson.*

Option #1:

- » *Host a meet and greet event with primary Health Care Providers (Physicians, Nurse Practitioners and Physician's Assistants and other healthcare partners such as Physical Therapists, Occupational Therapists, Optometrists, Dentists, Chiropractors, and Mental Health Professionals..*
 - ◇ *Provide transportation to interested Hispanic women.*
 - ◇ *Provide translators.*
 - ◇ *Plan interactive activities for all attendees.*
 - ◇ *Translate printed outreach materials for healthcare partners to have available at their location.*

AND

- » *Host a Hispanic Health Fair featuring preventive care programs and resource partners related to Women's Issues. Preventive Care: Mammogram's, Heart Health, Diabetes Management, Prenatal and well-baby care. Resource Partners: Connect Medical, Women's Way, Domestic Violence Rape Crisis Center, Head Start and the KIDS program.*
 - ◇ *Provide transportation to interested Hispanic women.*
 - ◇ *Provide translators.*
 - ◇ *Translate printed outreach materials for resource partners to have available at their location.*

OR

- » *Host a Hispanic Health Fair featuring preventive care programs and resource partners related to Women's Issues. Preventive Care: Mammogram's, Heart Health, Diabetes Management, Prenatal and well-baby care. Resource Partners: Connect Medical, Women's Way, Domestic Violence Rape Crisis Center, Head Start and the KIDS program.*
 - ◇ *Provide transportation to interested Hispanic women.*
 - ◇ *Provide translators.*
 - ◇ *Translate printed outreach materials for resource partners to have available at their location.*

AND

- » *Coordinate tours: Healthcare providers (Hospital, Clinics), resource partners (Connect Medical, Domestic Violence Center300) for example.*
 - ◇ *Provide transportation to interested Hispanic women.*
 - ◇ *Provide translators.*

PROYECTO: EN BUSQUEDA DE MEJORES CONDICIONES DE VIDA

NECESIDAD	<p>Según el censo de 2010, había 2616 personas residiendo en Dickinson North. La densidad de población era de 3,74 hab./km². De los 2616 habitantes, Dickinson North estaba compuesto por el 97.9% blancos, el 0.31% eran afroamericanos, el 0.38% eran amerindios, el 0.27% eran asiáticos, el 0% eran isleños del Pacífico, el 0.57% eran de otras razas y el 0.57% pertenecían a dos o más razas. <u>Del total de la población el 1.41% eran hispanos o latinos de cualquier raza y es en la que centraremos nuestra atención.</u></p> <p>Un porcentaje significativo de la población latina está compuesta por hombres ya que ellos trabajan en los campos de yacimiento de petróleo: por su parte las mujeres se dedican a las labores domésticas. Un número significativo de estas mujeres no dominan el idioma inglés por lo cual, requieren la ayuda de intérpretes para hacer trámites en las escuelas, hospitales, etc, a esta situación de no saber el idioma tampoco saben conducir y requieren el apoyo de otros para poder moverse de un lugar a otro.</p> <p>Ante esta situación tan compleja que vivimos hoy en día por el Covid-19 nos hemos percatado que a la población hispana le ha hecho falta orientación sobre las medidas de prevención en su propio idioma, además de que nos faltan orientaciones sobre la importancia del cuidado de nuestra salud en todos los aspectos, tales como: nutricional, dental, etc en todas las edades.</p>
DESCRIPCION DEL PROYECTO	<p>Buscamos mejorar las condiciones de vida de las familias latinas que viven en Dickinson, Dakota del Norte, empoderando a las mujeres con herramientas y conocimientos, a fin de que se sientan seguras en el desarrollo de su papel como protagonistas de la formación de los hijos y a su vez desarrollen habilidades sociales, emocionales, practiquen el idioma inglés o tengan el acceso a un intérprete, tengan los conocimientos necesarios sobre cuidado de la salud y prevención de enfermedades y puedan tener el acceso a un transporte público con un costo beneficioso para ellas, a fin de salir adelante de cualquier circunstancia de la vida.</p>
META	<p>Mejorar las condiciones de vida de las familias en Dickinson a través del empoderamiento de las mujeres con conocimientos y herramientas necesarias para conducirse de manera segura y facilitar a ellos medios que puedan ayudarles a crecer como personas.</p>
OBJETIVOS	<ul style="list-style-type: none">• Empoderar a las mujeres para que cuenten con las herramientas y medios necesarios para conducirse por la vida de manera segura.• Mejorar las habilidades cognitivas en el aprendizaje del idioma inglés• Proporcionar orientación de manera especial a las mujeres sobre la importancia del cuidado de la salud de manera preventiva.• Atender la parte socio-emocional de la comunidad Latina• Proporcionar talleres para aprender algún oficio• Proporcionar transporte a quien lo necesite con un costo accesible a la comunidad Hispana.• Proporcionar materiales impresos en el idioma español
BENEFICIARIOS	<ul style="list-style-type: none">• 200 familias
METODOLOGIA	<p>Busqueda de médicos que proporcionen orientación sobre prevención y cuidado de la salud física y mental</p> <p>Apoyo para el transporte de quienes lo requieren.</p> <p>Acceso a un traductor/intérprete</p> <p>Materiales informativos impresos en español tales como: trípticos, folletos, quizá una revista mensual o bimestral.</p> <p>Busqueda de espacios para las conferencias y en esta situación que vivimos de pandemia puede ser en línea.</p>